	Physical Education Pacing Guides - First Quarter					
Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	
Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	
• Rules, indoor and outdoor	Rules, indoor and outdoor	Rules, indoor and outdoor	Rules, indoor and outdoor	Rules, indoor and outdoor	Rules, indoor and outdoor	
safety procedures	safety procedures	safety procedures	safety procedures	safety procedures	safety procedures	
<ul> <li>Space awareness and body</li> </ul>	<ul> <li>Space awareness and body</li> </ul>	<ul> <li>Space awareness and body</li> </ul>	<ul> <li>Space awareness and body</li> </ul>	<ul> <li>Space awareness and body</li> </ul>	<ul> <li>Space awareness and body</li> </ul>	
awareness	awareness	awareness	awareness	awareness	awareness	
<ul> <li>Locomotor/non-</li> </ul>	• Locomotor/non-	• Locomotor/non-	• Locomotor/non-	• Locomotor/non-	• Locomotor/non-	
locomotor movements	locomotor movements	locomotor movements	locomotor movements	locomotor movements	locomotor movements	
<ul> <li>Pathways, directions,</li> </ul>	<ul> <li>Pathways, directions,</li> </ul>	<ul> <li>Pathways, directions,</li> </ul>	• Pathways, directions,	<ul> <li>Pathways, directions,</li> </ul>	<ul> <li>Pathways, directions,</li> </ul>	
levels, speed, force, and	levels, speed, force, and	levels, speed, force, and	levels, speed, force, and	levels, speed, force, and	levels, speed, force, and	
balance.	balance.	balance.	balance.	balance.	balance.	
<ul> <li>Cooperative learning</li> </ul>	Cooperative learning	Cooperative learning	Cooperative learning	<ul> <li>Cooperative learning</li> </ul>	<ul> <li>Cooperative learning</li> </ul>	
activities	activities	activities	activities	activities	activities	
Basic throwing, tossing,	Basic throwing, catching,	Basic to Intermediate	Basic to Intermediate	Basic to advanced	Basic to advanced	
rolling, targeting, and	tossing, rolling, and	throwing, rolling, catching	advanced throwing, rolling,	throwing, rolling, catching,	throwing, rolling, and	
catching manipulative skills	targeting.	tossing, rolling, and	catching, tossing, and	tossing, and targeting	catching manipulative skills	
using a variety of equipment.	manipulative skills using a	targeting. manipulative skills	targeting. manipulative skills	manipulative skills using a	using a variety of equipment.	
<ul> <li>Begin Walking Teams</li> </ul>	variety of equipment.	using a variety of equipment.	using a variety of equipment.	variety of equipment.	Participates in group and	
	Participates in group and	Participates in group and	Participates in group and	Participates in group and	individual fitness activity	
1	individual fitness activity	individual fitness activity	individual fitness activity	individual fitness activity	(Walking School	
	(Walking School	(Walking School	(Walking School	(Walking School	Bus/Walking Team	
0 111	Bus/Walking Teams)	Bus/Walking Team	Bus/Walking Team	Bus/Walking Team	0 11	
Cognitive	Cognitive	Cognitive	Cognitive	Cognitive	Cognitive	
Recognize the importance	Recognize the importance	Recognize the importance	Recognize and apply the	Recognize and apply the	Recognize and apply the	
of physical activity and how	of physical activity and how	of physical activity and how	importance of physical	importance of physical	importance of physical	
it contributes to personal	it contributes to personal	it contributes to personal	activity and how it	activity and how it	activity and how it	
well-being	well-being	well-being	contributes to personal well-	contributes to personal well-	contributes to personal well-	
• Recognize locomotor/non-	Recognize locomotor/non-	Recognize locomotor/non-	being	being	being	
locomotor movements	locomotor movements	locomotor movements	Recognize and apply	Recognize and apply	Recognize and apply	
• Identify safety principles in	Identify safety principles in	Identify safety principles in	locomotor/non-locomotor	locomotor/non-locomotor,	locomotor/non-locomotor,	
all activity situations	all activity situations	all activity situations	movements	Cooperative learning and	Cooperative learning and	
-		_	Identify safety principles in	manipulative skills	manipulative skills	
<ul> <li>Understand the basic</li> </ul>	<ul> <li>Understand the basic</li> </ul>	<ul> <li>Understand the concepts</li> </ul>	all activity situations		-	
concepts for moving with	concepts for moving with	for moving with control.		<ul> <li>Identify safety principles in</li> </ul>	<ul> <li>Identify safety principles</li> </ul>	
control.	control.	<ul> <li>Identify and select critical</li> </ul>	Understand the	all activity situations	in all activity situations	
<ul> <li>Identify and select critical</li> </ul>	<ul> <li>Identify and select critical</li> </ul>	elements of manipulative	concepts for moving with			
elements of manipulative	elements of manipulative	skills	control in different	Understands the	Understands the	
skills	skills	<ul> <li>Identify appropriate</li> </ul>	directions.	concepts for moving with	concepts for moving with	
<ul> <li>Identify appropriate</li> </ul>	Identify appropriate	physical activities in and out		control in different	control in different	
physical activities in and out	physical activities in and out	of school	Concepts of offensive and	directions.	directions	
of school	of school	Describe the components	defensive strategies			
<ul> <li>Describe the components</li> </ul>	Describe the components	of health-related fitness	Identify and select critical	<ul> <li>Concepts of offensive and</li> </ul>	<ul> <li>Concepts of offensive and</li> </ul>	
of health-related fitness	of health-related fitness	<ul> <li>Understand fair play</li> </ul>	elements of manipulative	defensive strategies	defensive strategies.	
<ul> <li>Understand fair play</li> </ul>	Understand fair play		skills.	Identify and select critical	Identify and select critical	
			Identify appropriate	elements of manipulative	elements of manipulative	
			physical activities in and out	skills.	skills.	
			of school.	Identify appropriate	Identify appropriate	

Physical Education Pacing Guides - First Quarter					
Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Kindergarten			<u>.                                     </u>		physical activities in and out of school.  Describe the components of health-related fitness Understand fair play  Analyze appropriate physical activities for sport and recreation Physiological changes that occur during physical activity  Identify competency in motor skills and movement patterns needed to perform to a variety of physical
Affective	Affective	Affective	Affective	Affective	activities.  Affective
Cooperation     Sharing     Conflicts socially physical education     Exhibit positive feelings with participating in physical activity in or out of school.     Understanding fair play	• Cooperation • Sharing • Conflicts socially physical education • Exhibit positive feelings with participating in physical activity in or out of school. • Understanding fair play	Cooperation Sharing Conflicts socially physical education Exhibit positive feelings with participating in physical activity in or out of school. Participates regularly in physical activity Understanding fair play	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship during physical education Participates regularly in physical activity Understanding fair play	Cooperation     Sharing     Resolve conflicts socially physical education     Challenge self to higher level of performance     Enjoy achievement of health enhancing levels of fitness     Sportsmanship during physical education     Participates regularly in physical activity     Understanding fair play	Cooperation     Sharing     Resolve conflicts socially physical education     Challenge self to higher level of performance     Enjoy achievement of health enhancing levels of fitness     Sportsmanship during physical education     Participates regularly in physical activity     Understanding fair play

	Physical Education Pacing Guides - Second Quarter						
Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5		
Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor		
Rules, indoor and outdoor safety procedures	Rules, indoor and outdoor	Rules, indoor and outdoor safety procedures	Rules, indoor and outdoor safety procedures	Rules, indoor and outdoor safety procedures	Rules, indoor and outdoor safety procedures		
Reinforce space awareness	safety procedures	Reinforce space awareness	Reinforce space awareness	Reinforce space awareness	Reinforce space awareness		
and body awareness	Reinforce space awareness	and body awareness	and body awareness	and body awareness	and body awareness		
Locomotor/non-locomotor	and body awareness	Locomotor/non-locomotor	Locomotor/non-locomotor movements basic	Locomotor/non-locomotor	Locomotor/non-locomotor movements basic		
movements	Locomotor/non-locomotor movements	movements	manipulative skills	movements basic manipulative skills	manipulative skills		
• Dathyuava dinastions		• Pathways, directions,					
<ul> <li>Pathways, directions, levels, speed, and force</li> </ul>	Pathways, directions,	levels, speed, and force	Marramant and Rady Danta	Marramant and Rody Darta	Marramant and Rady Danta		
Basic manipulative skills	levels, speed, and force	Basic manipulative skills	Movement and Body Parts	Movement and Body Parts	Movement and Body Parts		
basic mampulative skins	Basic manipulative skills	Manipulative Indoor and					
Manipulative Indoor and	Busic mamparative skins	Outdoor Games Skills	Cooperative activities	Cooperative activities	Cooperative activities		
Outdoor Games Skills		outdon dames skins	Games	Games	Games		
outdor dames sime	Manipulative Indoor and	Hand and Eye Coordination	dames	dames	dames		
Hand and Eye Coordination	Outdoor Games Skills	I.E Activities					
I.E Activities		Basketball, Parachute)	Hand Eye Coordination-	Hand Eye Coordination-	Hand Eye Coordination-		
Basketball, Parachute)		Bean Bag, etc	I.E Activities Throwing &	I.E Activities Throwing &	I.E Activities Throwing &		
Bean Bag, etc	Hand and Eye Coordination	_	Catching, Bean Bags,	Catching, Bean Bags	Catching, Bean Bags		
	I.E Activities	Foot and Eye Coordination	Basketball, Scoops, etc	Basketball, Scoops, etc	Basketball, Scoops, etc		
	Basketball, Parachute)	I.E Kicking Skills-					
Foot and Eye Coordination	Bean Bag, etc	Soccer & Lead-Up Games, etc	Foot and Eye Coordination	Foot and Eye Coordination	Foot and Eye Coordination		
I.E Kicking Skills-			I.E Kicking Skills-	I.E Kicking Skills-	I.E Kicking Skills-		
Soccer & Lead-Up Games, etc	Foot and Free Coordination	DI di	Soccer & Lead-Up Games, etc	Soccer & Lead-Up Games, etc	Soccer & Lead-Up Games, etc		
	Foot and Eye Coordination	Rhythms					
Rhythms	I.E Kicking Skills- Soccer & Lead-Up Games, etc	I.E GEO-Mats Sqaure Dance and Line Dance, etc	Rhythms and Dance	Rhythms and Dance	Rhythms and Dance		
I.E GEO-Mats Sqaure Dance and Line Dance, etc	Soccer & Leau-op dames, etc	and Line Dance, etc	I.E Aerobic and Dance, Line Dance etc	I.E Aerobic and Dance, Line Dance, etc	I.E Aerobic and Dance, Line Dance, etc		
una zine zunee, ete	Rhythms I.E GEO-Mats Sqaure Dance		Pance etc	bance, etc	bance, etc		
	and Line Dance, etc						
Cognitive	Cognitive	Cognitive	Cognitive	Cognitive	Cognitive		
Recognize the importance of	Recognize the importance of	Recognize the importance of	Recognize and apply the	Recognize and apply the	Recognize and apply the		
physical activity and how it	physical activity and how it	physical activity and how it	importance of physical	importance of physical	importance of physical		
contributes to personal well-	contributes to personal well-	contributes to personal well-	activity and how it	activity and how it	activity and how it		
being. Recognize	being.	being	contributes to personal well-	contributes to personal well-	contributes to personal well-		
locomotor/non-locomotor movements	Recognize locomotor/non-locomotor movements	Recognize locomotor/non-locomotor movements	being	being	being		
		Identify appropriate	Recognize and apply	Recognize and apply	Recognize and apply		
• Identify appropriate physical activities in and out of school	• Identify appropriate physical activities in and out of school	physical activities in and out of school	• Identify safety principles in all activity situations	• Identify safety principles in all activity situations.	• Identify safety principles in all activity situations		
0.0011001	or seriour	Describe the components	Concepts of offensive and	Concepts of offensive and	Concepts of offensive and		

Physical Education Pacing Guides - Second Quarter						
Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	
Describe the components	Describe the components	of health-related fitness	defensive strategies	defensive strategies.	defensive strategies.	
of health-related fitness  Understands the basic concepts for moving with	of health-related fitness  Understands the basic concepts for moving with	Understands the basic concepts for moving with control.	Analyze appropriate     physical activities for sport     and recreation.	Analyze appropriate     physical activities for sport     and recreation.	Analyze appropriate     physical activities for sport     and recreation.	
<ul> <li>control.</li> <li>Identify and demonstrate selected critical elements of manipulative skills</li> </ul>	Identify and demonstrate selected critical elements of manipulative skills	Identify and demonstrate selected critical elements of manipulative skills	Physiological changes that occur during physical activity.	Physiological changes that occur during physical activity.	Physiological changes that occur during physical activity.	
		Demonstrates competency in motor skills and movement patterns needed to perform to perform a variety of	Understands the concepts for moving with control in different directions.	Understands the concepts for moving with control in different directions.	Understands the concepts for moving with control in different directions.	
		physical activities.	Identify competency in motor skills and movement patterns needed to perform to perform a variety of physical activities.	Identify competency in motor skills and movement patterns needed to perform to perform a variety of physical activities.	Identify competency in motor skills and movement patterns needed to perform to perform a variety of physical activities.	
				<ul><li>Describe the components of health-related fitness</li><li>Pacing</li><li>Cardio Endurance concepts</li></ul>		
Affective	Affective	Affective	Affective	Affective	Affective	
Cooperation Sharing Conflicts socially physical education Exhibit positive feelings with participating in physical activity in or out of school. Understanding fair play Reflection of enjoyment while participating in physical activities	Cooperation     Sharing     Conflicts socially physical education     Exhibit positive feelings with participating in physical activity in or out of school.    Understanding fair play  Reflection of enjoyment while participating in physical activities	Cooperation Sharing Conflicts socially physical education Exhibit positive feelings with participating in physical activity in or out of school. Participates regularly in physical activity Understanding fair play Reflection of enjoyment while participating in physical activities	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship during physical education Participates regularly in physical activity Understanding fair play Reflection of enjoyment while participating in physical activities	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship during physical education Participates regularly in physical activity Understanding fair play Reflection of enjoyment while participating in physical activities	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship during physical education Participates regularly in physical activity Understanding fair play Reflection of enjoyment while participating in physical activities	

	Physical Education Pacing Guides - Third Quarter						
Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5		
Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor		
Rules, indoor and outdoor safety procedures	Rules, indoor and outdoor safety procedures	Rules, indoor and outdoor safety procedures					
Rhythm	Rhythm	Rhythm	Rhythm & Dance	Rhythm & Dance	Rhythm & Dance		
Cooperative Games I.E Relay Games, GEO Fitness Mats, Tagging Games, etc Individual Sports Games I.E Fire and Ice, Parachute, Bowling	Cooperative Games I.E Relay Games, GEO fitness Mats, Tagging Games, etc Individual Sports Games I.E Fire and Ice, Parachute, Bowling	Cooperative Games I.E Relay Games, GEO fitness Mats, Tagging Games, etc Individual Sports Games I.E Fire and Ice, Parachute, Bowling	Team Games I.E Basketball, Volleyball, Bowling, Tennis, Paddle Ball etc  Large Group Games Tagging Games Invasion Games I.E Capture the Flag, Steal the Bacon, etc	Team Games I.E Basketball, Volleyball, Bowling, Tennis, Paddle Ball etc  Large Group Games Tagging Games Invasion Games I.E Capture the Flag, Steal the Bacon, etc	Team Games I.E Basketball, Volleyball ,Bowling, Tennis, Paddle Ball etc  Large Group Games Tagging Games  Invasion Games I.E Capture the Flag, Steal the Bacon, etc		
Cognitive	Cognitive	Cognitive	Cognitive	Cognitive	Cognitive		
Recognize the importance of physical activity and how it contributes to personal wellbeing.  • Identify appropriate physical activities in and out of school  • Describe the components of health-related fitness  Describe the components health and personal hygiene  Understands the basic concepts for moving with control	Recognize the importance of physical activity and how it contributes to personal wellbeing.  • Identify appropriate physical activities in and out of school  • Describe the components of health-related fitness  Describe the components health and personal hygiene  Understands the basic concepts for moving with control	Recognize the importance of physical activity and how it contributes to personal wellbeing.  • Identify appropriate physical activities in and out of school  • Describe the components of health-related fitness  Describe the components health and personal hygiene  Understands the basic concepts for moving with control	Recognize and apply the importance of physical activity and how it contributes to personal wellbeing     Identify safety principles in all activity situations     Concepts of offensive and defensive strategies     Analyze appropriate physical activities for sport and recreation      Physiological changes that occur during physical activity.	<ul> <li>Recognize and apply the importance of physical activity and how it contributes to personal wellbeing</li> <li>Identify safety principles in all activity situations</li> <li>Concepts of offensive and defensive strategies</li> <li>Analyze appropriate physical activities for sport and recreation</li> </ul>	<ul> <li>Recognize and apply the importance of physical activity and how it contributes to personal wellbeing</li> <li>Identify safety principles in all activity situations</li> <li>Concepts of offensive and defensive strategies</li> <li>Analyze appropriate physical activities for sport and recreation</li> <li>Physiological changes that</li> </ul>		
Demonstrates knowledge of hand and foot placement	Demonstrates knowledge of hand and foot placement  • Identify and demonstrate selected critical elements of manipulative skills	Demonstrates knowledge of hand and foot placement  • Identify and demonstrate selected critical elements of manipulative skills	activity  Understands the concepts for moving with control in different directions.  Identify motor skills and movement patterns needed	Physiological changes that occur during physical activity  Understands the concepts for moving with control in	Physiological changes that occur during physical activity  Understands the concepts for moving with control in different directions.		

			to perform to perform a variety of physical activities. Demonstrates knowledge of hand and foot placement	different directions.  Identify in motor skills and movement patterns needed to perform to perform a variety of physical activities.  Demonstrates knowledge of proper hand and foot placement  • Describe the components of health-related fitness • Pacing • Cardio Endurance concepts	Identify in motor skills and movement patterns needed to perform to perform a variety of physical activities.  Demonstrates knowledge of proper hand and foot placement
Affective	Affective	Affective	Affective	Affective	Affective
<ul> <li>Cooperation</li> <li>Sharing</li> <li>Conflicts socially physical education</li> <li>Exhibit positive feelings with participating in physical activity in or out of school.</li> <li>Understanding fair play Reflection of enjoyment while participating in physical activities</li> </ul>	Cooperation Sharing Conflicts socially physical education Exhibit positive feelings with participating in physical activity in or out of school. Understanding fair play  Reflection of enjoyment while participating in physical activities	Cooperation Sharing Conflicts socially physical education Exhibit positive feelings with participating in physical activity in or out of school. Participates regularly in physical activity Understanding fair play Reflection of enjoyment while participating in physical activities	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship during physical education Participates regularly in physical activity Understanding fair play  Reflection of enjoyment while participating in physical activities group/individual competition or exhibitions	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship during physical education Participates regularly in physical activity Understanding fair play Reflection of enjoyment while participating in physical activities	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship during physical education Participates regularly in physical activity Understanding fair play Reflection of enjoyment while participating in physical activities  -

Physical Education Pacing Guides – Fourth Quarter					
Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor	Perform/ psychomotor
Fitness Gram	Fitness Gram	Fitness Gram	Fitness Gram	Fitness Gram Skills	Fitness Gram Skills
Cooperative Activities I.E Field Day Games (Obstacle Course Races)	Cooperative Activities I.E Field Day Games (Obstacle Course Races)	Cooperative Activities I.E Field Day Games (Obstacle Course Races)	Fitness/Aerobics I.E Upper Body Strength & Balance Activities Parachute Games	Fitness/Aerobics I.E Upper Body Strength & Climbing Strengthening Activities Parachute Games	Fitness/Aerobics I.E Upper Body Strength & Climbing Strengthening Activities
Recreational Games I.E Four Square, Hop Scotch Fitness/Aerobics I.E Upper Body Strength & Climbing, Strengthening, Activities,	Recreational Games I.E Four Square, Hop Scotch  Fitness/Aerobics I.E Upper Body Strength & Climbing,	Recreational Games I.E Four Square, Hop Scotch Fitness/Aerobics I.E Upper Body Strength & Climbing, Strengthening, Activities,	Skill Development Stations: I.E Striking- balloons and Paddles Bowling juggling, Team handball Jump Ropes and Hula Hoops Cooperative Activities	Skill Development Stations: I.E Striking balloons and Paddles Bowling, Juggling, Team Handball, Jump Rope Hula Hoops	Skill Development Stations: I.E Striking balloons and Paddles Bowling, Juggling, Team Handball, Jump Rope Hula Hoops
Balancing Activities, Stunts & Tumbling  Skill Development I.E Scarves, Lummi Sticks, Streamers, Hula Hoops and Deck Rings Parachute Games	Strengthening, Activities, Balancing Activities, Stunts & Tumbling  Skill Development I.E Scarves, Lummi Sticks, Streamers, Hula Hoops and Deck Rings	Balancing Activities, Stunts & Tumbling  Skill Development I.E Scarves, Lummi Sticks, Streamers, Hula Hoops and Deck Rings Parachute Games	I.E Field Day Games (Obstacle Course Races)  Team Sport Softball/Baseball	Cooperative Activities I.E Field Day Games (Obstacle Course Races) Individual Sport Track and Field	Cooperative Activities I.E Field Day Games (Obstacle Course Races) Individual Sport Track and Field
r arachite danies	Parachute Games	r arachite danies	Family Life Curriculum	Team Sport Softball/Baseball	Team Sport Softball/Baseball Family Life Curriculum
Cognitive	Cognitive	Cognitive	Cognitive	Family Life Curriculum Cognitive	Cognitive
Physical Activity Listening skills Identify locomotor/non-locomotor movements Identify appropriate physical activities in and out of school Describe the components of health-related fitness Understands the basic concepts for moving with	Physical Activity Listening skills Identify locomotor/non-locomotor movements Identify and demonstrate selected critical elements of manipulative skills Identify appropriate physical activities in and out of school Describe the components	Physical Activity Listening skills Identify locomotor/non-locomotor movements Identify and demonstrate selected critical elements of manipulative skills Identify appropriate physical activities in and out of school Describe the components	Physical Activity Listening skills Cardio respiratory concepts Identify safety principles in all activity situations Concepts of offensive and defensive strategies Analyze appropriate physical activities for sport and recreation	Physical Activity Listening skills Cardio respiratory concepts Identify safety principles in all activity situations Concepts of offensive and defensive strategies Analyze appropriate physical activities for sport and recreation	Physical Activity Listening skills Cardio respiratory concepts Identify safety principles in all activity situations Concepts of offensive and defensive strategies Analyze appropriate physical activities for sport and recreation
control Demonstrates knowledge of	of health-related fitness	of health-related fitness	Physiological changes that occur during physical	Physiological changes that occur during physical	Physiological changes that occur during physical

hand and foot placement)	Understands the basic concepts for moving with control.  Demonstrates knowledge of hand and foot placement  Demonstrates the ability to accurately score a game (e.g. softball, bowling, basketball, soccer, kickball)	Understands the concepts for moving with control  Demonstrates competency in motor skills and movement patterns needed to perform to perform a variety of physical activities.  Demonstrates knowledge of proper hand and foot placement  Demonstrates the ability to accurately score a game (e.g. softball, bowling, basketball, soccer, kickball)	activity Understands the concepts for moving with control in different directions.  Demonstrates competency in motor skills and movement patterns needed to perform to perform a variety of physical activities.  Demonstrates knowledge of hand and foot placement Demonstrates the ability to accurately score a game (e.g. softball, bowling, basketball, soccer, kickball)	activity Understands the concepts for moving with control in different directions.  Demonstrates competency in motor skills and movement patterns needed to perform to perform a variety of physical activities.  Demonstrates knowledge of proper hand and foot placement  Demonstrates the ability to accurately score a game (e.g. softball, bowling, basketball, soccer, kickball)	activity Understands the concepts for moving with control in different directions.  Demonstrates competency in motor skills and movement patterns needed to perform to perform a variety of physical activities.  Demonstrates knowledge of proper hand and foot placement  Demonstrates the ability to accurately score a game (e.g. softball, bowling, basketball, soccer, kickball)
Affective	Affective	Affective	Affective	Affective	Affective
Cooperation     Sharing     Conflicts socially physical education     Positive feelings with skill development     Participates in group/individual competition or exhibitions	Cooperation Sharing Conflicts socially physical education Positive feelings with skill development Participates in group/individual competition or exhibitions	Cooperation Sharing Conflicts socially physical education Positive feelings with skill development  Participates regularly in physical activity  Participates in group/individual competition or exhibitions	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship and cooperative learning during physical education  Participates regularly in physical activity  Participates in group/individual competition or exhibitions	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship and cooperative learning during physical education  Participates regularly in physical activity  Participates in group/individual competition or exhibitions	Cooperation Sharing Resolve conflicts socially physical education Challenge self to higher level of performance Enjoy achievement of health enhancing levels of fitness Sportsmanship and cooperative learning during physical education  Participates regularly in physical activity  Participates in group/individual competition or exhibitions  -